



**ankura**  
hospital  
for women & children



**9M**  
by ankura hospital  
Birth & beyond

# **ANESTHESIA & CHILDREN**

## THE DAY OF THE PROCEDURE



# PREANESTHETIC CHECK UP

## What will be the timings of surgery?

- Talk to your patient coordinator and confirm the date and time of surgery.

## When to admit my kid?

- Admit the patient/child at least 3-4 hours before surgery. Plan your travel according to your distance from the hospital.
- Some procedures may need admission a day before surgery, your surgeon will discuss it with you in advance.

## Can my kid eat, drink or take medicine on the day of anesthesia?

- As per the WHO guidelines all solids/semisolids/formula/juices or animal milk should be stopped 6 hours before surgery. Mother's milk should be stopped 4 hours before surgery. A patient/child can have water/coconut water/ORS solution till 2 hours before surgery.

Some babies/surgeries require to be fasting for prolonged period which the surgeon will guide during counselling

## Please follow these guidelines, as surgery may get delayed or postponed if feeding recommendation are not followed.

## How we parent can be prepare for the surgery?

- Your doctor may have spoken to you about the need for specific medications depending on the type of surgery (like enema/antihypertensive medication etc.) Please follow them.

- For younger children, you can get their favourite toy/blanket/gadget to play with or something to scribble, to keep them busy. For older children-adolescents who can understand better, talk to them about the need for surgery and how it is going to help them; this will avoid unnecessary anxiety or phobias.

- Make sure you have done all the required tests before coming to the hospital as recommended by the anesthetist or the surgeon.



# PREANESTHETIC CHECK UP

## What things & reports parents need to carry to hospital?

- Your current or recent blood investigation report/ X rays/Urine or other test reports including CT scans or any other scan reports.
- Always keep photo ids with you for registration or other purposes.
- If you have pre-authorized insurance documents, get them with you. Also, an insurance card or health card if any should be carried.
- It is recommended to carry your personal hygiene kit including toothpaste, toothbrush, deodorant, lotion, etc.
- Keep your valuables like earrings or lockets at home.

## How long will it take to recover and when discharge will happen?



- Your surgeon may have already discussed with you regarding recovery. Recovery depends upon the type of surgery & anesthesia
- Immediately after surgery, you will be shifted to the post-operative care room where your blood pressure, oxygen saturation, pulse, & heart rate will be monitored. Depending on the type of surgery and anesthesia you will be instructed on food intake and mobilization.
- In case of planned procedures, your surgeon may have already explained to you about discharge, in case of any changes you will be informed.
- After the procedure, your surgeon will give you detailed instructions regarding medicines needed (painkillers/antibiotics or others), change of bandages, activity, & follow-up. A nurse will explain to you regarding medicines and their doses.



## Emergency Contact Number:

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TO MORE ABOUT PEDIATRIC SURGERY AT ANKURA ,  
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